



# Rights Catalog

## 2024

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*Hohm Press is committed to publishing books that provide readers with alternatives to the materialistic values of current culture and promote self-awareness, compassion, and the recognition of our interdependence.*

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### **CONSCIOUSNESS/ECOLOGY/SUSTAINABILITY**

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### **TRANSFORM PRESS (An imprint of Synergetic Press)**

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*uplifting spiritual wisdom, poetic & magical*

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*Sacred Stories is an award-winning conscious publisher whose inspiration is to bring Divine wisdom into the mainstream. The Common Sentience stories are authored by some of the most well-known and loved wisdom teachers of today.*

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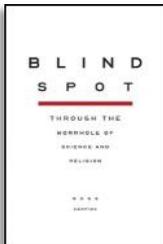
### **CHILDREN'S LITERATURE**

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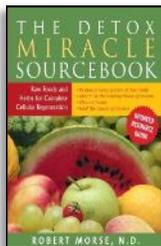
Moss Campion

Although there are numerous books available today about nonduality, only

*Blind Spot* addresses the critical distinctions that exist between the conventional approaches to spirituality—indeed, to life itself—and the nondual approaches. The book explores how these same distinctions also play out in the sciences.

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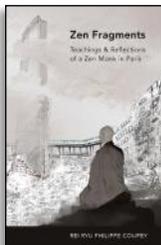
**THE DETOX  
MIRACLE  
SOURCEBOOK**  
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Robert Morse N.D.

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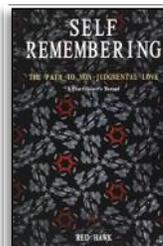
**ZEN  
FRAGMENTS**  
*Teachings & Reflections of a Zen Monk in Paris*

Rei Ryu Philippe Coupey

Frankness of style distinguishes Philippe Coupey's writing. He is an author of many books on Zen teachings and disciple of Taisen Deshimaru .

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Red Hawk

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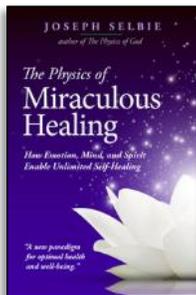
**SELF  
OBSERVATION**  
*The Awakening of Conscience: An Owner's Manual*

Red Hawk

This book is an in-depth examination of the much-needed process of “self” study known as self-observation. We live in an age where the “attention function” of the brain has been badly damaged by TV and computers—up to 90% of the public under age 35 suffers from attention-deficit disorder! This book offers the most direct, non-pharmaceutical means of healing attention dysfunction.

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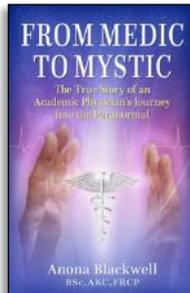
Joseph Selbie  
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No disease is incurable. Extraordinarily miraculous healing is possible. Modern physics' breakthroughs in quantum physics and M-Theory, along with scientifically verified phenomena such as the placebo effect and instant physiological changes undergone by multiple-personality sufferers—support millennia old spiritual traditions that suggest that not only is extraordinary healing possible, but that we have innate soul powers—our emotions, personal beliefs, and our ability to connect to Spirit—that directly and powerfully determine our health and ability to self-heal. Selbie has written four translated titles including *The Physics of God*.

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**PERSONAL TRANSFORMATION**



## FROM MEDIC TO MYSTIC

*The True Story of an  
Academic Physician's  
Journey into the  
Paranormal*

Dr Anona Blackwell

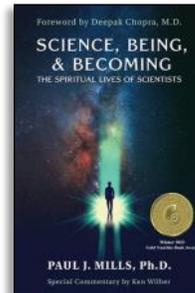
In this candid memoir, Dr. Anona Blackwell shares her remarkable journey from orthodox-trained medic to unapologetic mystic. Chronicling her dual professional life as a highly respected, **Lancet-published academic physician** while also investigating powerful psychic and paranormal experiences in her work and personal life, Dr. Blackwell presents compelling evidence for telepathy, clairvoyance, near-death experiences (NDEs), life after death, the power of prayer, non-ordinary reality, and more.

By sharing her forays into non-ordinary reality Dr. Blackwell encourages others to share their own paranormal experiences.

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Intimate interviews conducted with scientists who describe the transpersonal, meta-physical and mystical experiences that changed their consciousness and their belief systems about the nature of the world—and thus changed their scientific work.

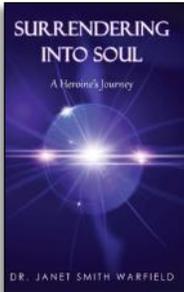
Paul J. Mills, PhD, has over 400 scientific publications in the fields of pharmacology, cardiology, oncology and more. He published some of the earliest research on meditation.

**Forward by Deepak Chopra, M.D. and  
Commentary by Ken Wilbur**

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**SPIRITUALITY & SCIENCE**



**SURRENDERING INTO SOUL**  
*A Heroine's Journey*

Dr. Janet Smith Warfield

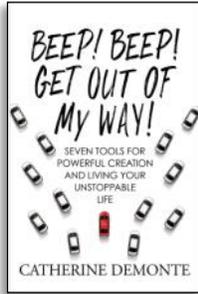
Uncover and discover the power of your mind and the power of your words to bring peace, power, and prosperity into your one precious life. Using mind-opening stories, clarifying questions, analogy, metaphor, and a gentle sprinkling of didactic teaching, find your own answers to the question, "What is my purpose on this planet?"

Warfield's writing uniquely combines her holistic, creative, right-brain transformational experiences with 22 years of rigorous, left-brain law practice to offer readers experiences beyond words.

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**PERSONAL TRANSFORMATION**



**BEEP! BEEP! GET OUT OF THE WAY!**  
*Seven Tools for Powerful Creation and Living Your Unstoppable Life*

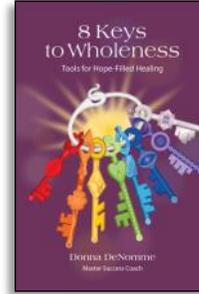
Catherine DeMonte

*Beep! Beep! Get Out of My Way* is based on the seven transformative tools from Abundance Circle groups created by psychotherapist Catherine DeMonte, in which participants manifested their long-held dreams. This process shifted them into "manifesting mavens."

This easy-to-read and engaging book shares the inspiring stories of those participants and how they manifested what their hearts deeply desired but had been elusive for many years, even when the odds seemed impossible. Learn how they did it and practice easy, enjoyable exercises and tools to manifest your own dreams.

ISBN: 9798589119398 Pgs.163  
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**8 KEYS TO WHOLENESS**  
*Tools for Hope-Filled Healing*

Donna DeNomme

A seasoned spiritual teacher, shamanic healer, and Master Success coach shares dynamic healing strategies using the chakra system as a container for our personal stories, drawing on inner resilience, and accessing enduring strength. Ultimate truth is not found in our stories of wounding, but rather in the discovery of how to heal those wounds. *8 Keys to Wholeness* exposes powerful tools for greater self-assurance, a deeper sense of satisfaction, hope-filled healing, transformation, and joyful personal growth.

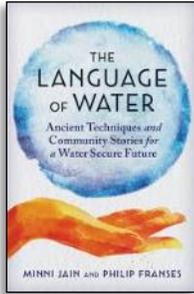
**COVR Winner**  
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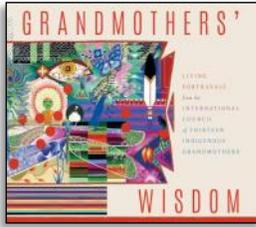
**THE LANGUAGE OF WATER**

*Ancient Techniques and Community Stories for a Water Secure Future*

Minni Jain & Philip Franses

*The Language of Water* addresses climate change and the global water crisis by shifting the existing paradigms around our relationship to water with powerful stories and tangible techniques **from communities worldwide** who are reviving ancient water holding methods. A practical storybook and how-to manual.

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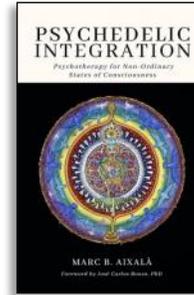
**GRAND-MOTHERS' WISDOM**

*Forward by Vandana Shiva*

*Living Portrayals from the International Council of Thirteen Indigenous Grandmothers*

*Grandmothers' Wisdom* is a vibrant tribute to the lives of thirteen indigenous Grandmothers who came together to protect our planet in crisis and envision a future for the next seven generations. These remarkable wisdom keepers of traditional medicine and Indigenous spirituality, preserve the ancient wisdom traditions and traditional ecological knowledge that have served our planet Earth for millennia. This special work is a living portrayal of their upbringing, encounters with the violence of colonialism and forced assimilation, their awakening to fierce activism, and the ceremonial practices they carry forward from their lineages with tenacity, grace and devotion.

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*Psychotherapy for Non-Ordinary States of Consciousness*

Marc Aixela

Recent years have seen a global explosion in the field of psychedelic research, popularizing of the use of non-ordinary states of consciousness to aid in PTSD, anxiety, depression, and end of life, and a growing sense that the use of substances like MDMA, psilocybin and others may become mainstream.

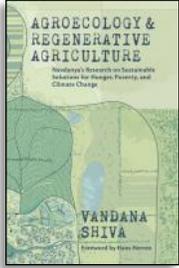
This trailblazing guidebook is for anyone interested in psychedelic-assisted therapy. Psychologist and psychotherapist Marc B. Aixela traces the evolution of psychedelic-assisted therapy and integration research from the 1960s to the present moment, explains therapeutic techniques, and outlines a clinician's real-world observations on the deep work of healing. **Originally in Spanish**

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**Books by Dr. Vandana Shiva**

Scholar, physicist, ecologist, and advocate of biodiversity, conservation and farmer’s rights, Vandana Shiva has written over 20 books. Her pioneering work around food sovereignty, traditional agriculture, and women’s rights created fundamental cultural shifts in how the world views these issues. Synergetic Press is proud to publish some of her latest works



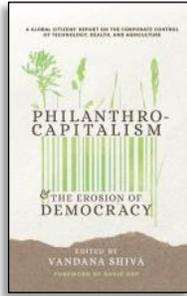
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*Philanthrocapitalism* details how global philanthrocapitalists like Bill and Melinda Gates and affiliated entities work to monopolize and privatize sectors of land use, food production, and public health on a global scale. This anthology pulls back the curtain on how ruthless exploitation branded as philanthropic altruism forges a direct path to global destruction. Their initiatives erode the integrity of democratic institutions often under the banner of future-oriented innovations.

**BEST SELLER**

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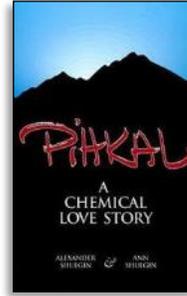
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 Alexander “Sasha” and Ann Shulgin

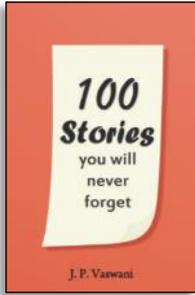
The tale of a psychopharmacologist and his wife/research partner, and their decades devoted to the creation and investigation of psychedelic drugs as tools for the study of the human mind. **140,646 copies sold!** The story of humanity’s relationship with psychoactive substances

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**PSYCHOPHARMACOLOGY**



**100 STORIES  
YOU WILL  
NEVER FORGET**

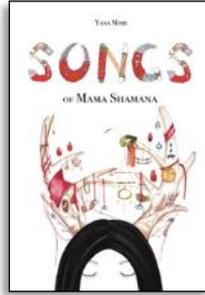
J.P. Vaswani

These 100 stories are repositories of wisdom nuggets of truth wrapped in a sugar coating of a well-told narrative. We bring together 100 stories chosen from Rev Dadas recent talks and books, neatly packaged with his thoughts offered for your reflection, and his trademark practical exercises in the form of tips for you to follow!

Dada J.P. Vaswani (1918-2018) was a universally acclaimed humanitarian, philosopher, educator, acclaimed writer, powerful orator and non-sectarian spiritual leader helping readers learn the principles to live a good life.

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**SONGS OF  
MAMA  
SHAMANA**

Yana Mori

Illustrations by  
Anastasia Stepanova

What if fairytales weren't made for children? What if they could heal your trauma, calm you in times of sadness, and imbue you with the gentle yet wild power of a Mother, reaching into your deepest roots?

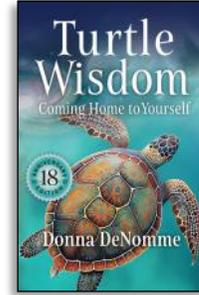
This book is a soft blanket enveloping readers in the embrace of 61 enchanting stories about Mama Shamanam each story decorated with colorful illustrations.

These stories aren't ones you understand solely with your mind, but they can change your world, at least for a moment.

*Imaginative, poetic, magical*

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**TURTLE  
WISDOM**  
*Coming Home  
to Yourself*

**New Edition**

Donna DeNomme

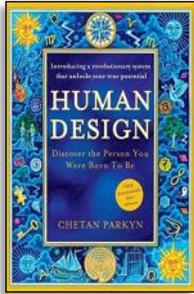
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& Global Book Awards**

*Turtle Wisdom* will uplift you on a bad day, remind you of your worth in moments of doubt, and give you a boost no matter what. Whimsically illustrated, this endearing keepsake is filled with comfort, encouragement, inspiration, and strategies for empowered living.

Donna DeNomme is an award-winning author, teacher, healer and master success coach. Her titles have been **translated into seven languages** spreading her encouraging message of comfort and inspiration like a warm embrace around the globe.

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## HUMAN DESIGN

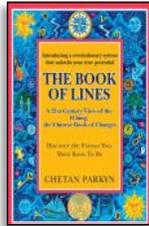
*Discover the Person You Were Born to Be*

*A revolutionary new system revealing the DNA of your true nature*

Chetan Parkyn

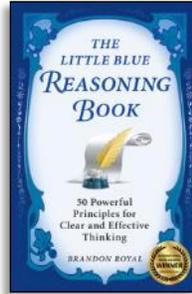
Would you like to know who you really are? Would you like a clear picture of your ideal life partner? Would you like to make better decisions and realize your highest potential? Human Design is a revolutionary system that is changing people's lives around the world. With this simple-to-use book, you can discover your own inside story as well as those of your friends, family and clients. It will change your life forever.

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Brandon Royal

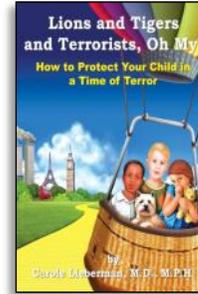
This award-winning guidebook addresses one of the most critical yet seldom taught skills. It is suitable for high school and college students, as well as any individual wanting to improve his or her thinking and reasoning skills in the shortest time frame. There are five sections: Perception & Mindset, Decision Making, Creative Thinking, Analyzing Arguments, and Mastering Logic.

Enjoy the benefits of your own self-paced reasoning course.

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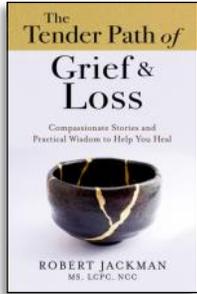
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## ROBERT JACKMAN'S Practical Wisdom Healing Series

*Robert Jackman is a Board-certified psychotherapist and Reiki master who has helped many people and couples on their healing path for more than twenty years. He has taught master classes on the topics of codependency, boundary setting, couples communication, inner child, mindfulness and the role of spirituality in healing.*



**NEW RELEASE**

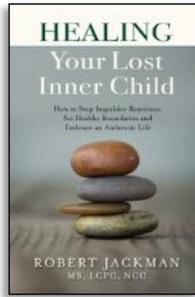
### THE TENDER PATH OF GRIEF & LOSS

Sometimes the pain of loss feels like molten lava in our hearts. If you're seeking expert guidance on healing the kind of loss you feel

deep inside, this book is for you. Know your heart is expanding to hold the lessons grief is teaching you. With gentle compassion, Robert Jackman invites you to acknowledge and honor your grief instead of pushing it away.

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## HEALING YOUR LOST INNER CHILD

*How to Stop Impulsive Reactions, Set Healthy Boundaries and Embrace an Authentic Life*

Most people don't realize how much unresolved emotional pain they carry around. These patterns often stem from their lost inner child, which carries a false narrative that has been on repeat since childhood. Jackman takes you on a personal journey to explore unresolved wounds. This easy-to-read book will encourage you to learn how to stop giving in to your wounded inner child's emotional pain frozen inside a snow globe within.

**In 11 Languages  
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Over 10,000 copies sold first year**

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## HEALING YOUR WOUNDED RELATIONSHIP

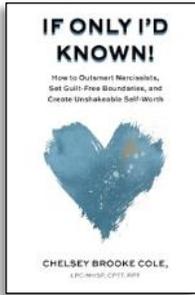
*How to Break Free of Codependent Patterns and Restore Your Loving Partnership*

People often wonder what they're doing wrong and why they keep making bad relationship choices. This book identifies overlooked red flags and how inner child wounding keeps showing up, attracting another codependent to play out this wounded dance. Practical and accessible, each chapter brings the reader closer to awareness with intentional communication techniques to create functional relationships. This book is packed with stories and examples helping the reader understand how their relationship life got off track.

[www.theartofpracticalwisdom.com](http://www.theartofpracticalwisdom.com)

ISBN: 978-1-7354445-4-3 Pgs. 366

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**IF ONLY I'D KNOWN**  
*How to Outsmart Narcissists, Set Guilt-Free Boundaries, and Create Unshakable Self-Worth*

Chelsey Brooke Cole

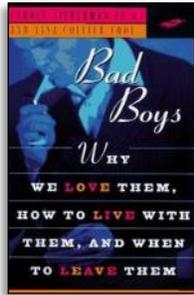
*If Only I'd Known* educates and inspires survivors of narcissistic abuse and complex trauma to overcome their struggles and find healing. Praised as “Enlightening and Empowering,” the book breaks down complex topics like narcissistic abuse, trauma bonds, and gaslighting in an easy-to-understand way. With real-life survivor stories and research-backed insights, this book also includes actionable strategies to build mental strength, leaving readers with a sense of hope and empowerment.

Chelsey Brooke Cole is a psychotherapist routinely featured in *Psychology Today*, *USA Today* and other media.

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CODEPENDENCY



**BAD BOYS**  
*Why We Love Them, How to Live with Them and When to Leave Them*

Carole Liberman, MD

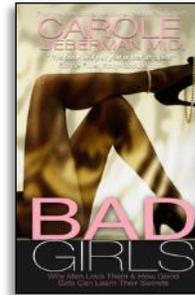
This perennial classic was a bestseller when Penguin/Dutton first published it in 1997 (hardcover) and 1998 (trade paperback). Since some are still attracted to—and getting their hearts broken by—bad boys, they are still eager to discover why and how to find true love. The book profiles 12 types of Bad Boys—including the Fixer-Upper Lover, Self-Absorbed Seducer, and Commitment-Phobe—and helps folks turn their frog into a prince!

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RELATIONSHIPS/SELF-HELP



**BAD GIRLS**  
*Why Men Love Them & How Good Girls Can Learn Their Secrets*

Carole Liberman, MD

This multi-award-winner, published in 2010 as a trade paperback, received lots of media attention. The book profiles 12 types of bad girls—including the Gold-Digger, Sex Siren, Husband Hunter/Trapper, and Ball-Buster. It helps good girls even the playing field, so they don't sit on the shelf while men pursue bad girls, and helps men see the red flags, so they're not exploited by bad girls and left brokenhearted.

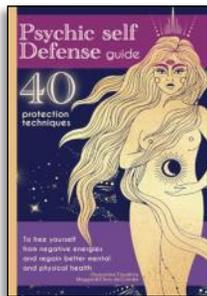
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RELATIONSHIPS/SELF-HELP



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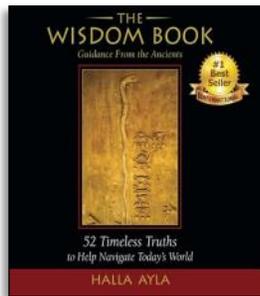
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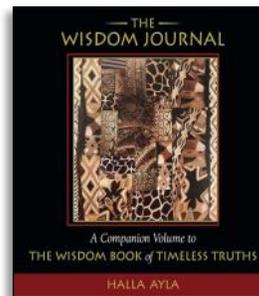
Halla Ayla

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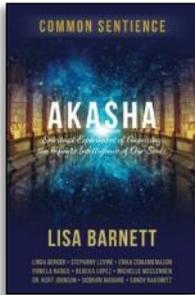
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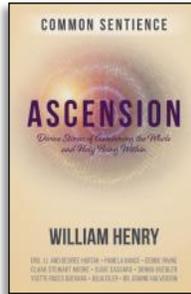
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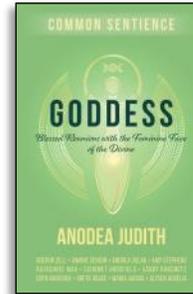
William Henry

Transforming or ascending to a being of light is the universal goal of spiritual and metaphysical traditions worldwide. Ascension scholar and researcher of esoteric traditions William Henry shows us that this is not just an ancient activity that happens after death. Learn practices to deepen your own ascension experience and awaken the whole and holy being in you as William Henry and selected storytellers share their inspiring experiences.

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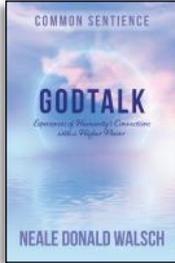
Anodea Judith is a globally recognized teacher and author of bestselling books on chakras, psychology, social change which have been translated into 28 languages.

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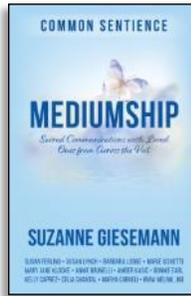
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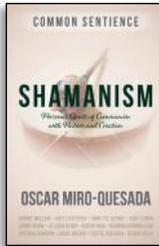
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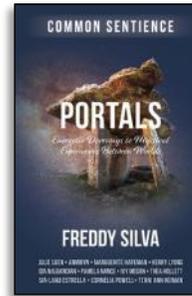
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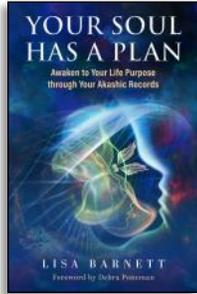
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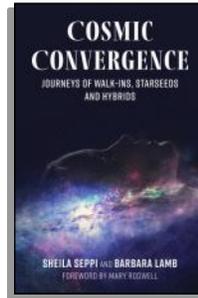
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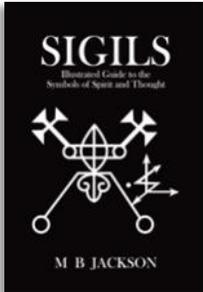
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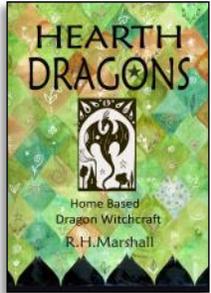


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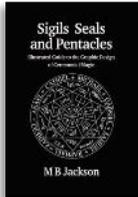
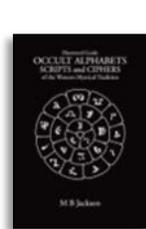


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The Hearth Dragons are awakening. They wish to aid us in our lives, and to spread positive energy into

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**... More Sigils ...**



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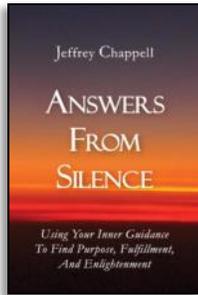
**THE SIGIL SECRET**  
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Mark Vincent

Sigils have been used to magically protect, heal, and create since the dawn of humanity. The art of making these magical symbols was almost lost...but this book breathes new life into this ancient spiritual craft. Sigil expert and clinical hypnotherapist Mark Vincent draws on his extensive knowledge of neuroscience, psychology, and therapeutic approaches combining them in this book with his personal experiences in the world of magic.

Visit [www.palaysia.com/sigilsecret](http://www.palaysia.com/sigilsecret) for a free meditation and talk to help you better understand sigil magic and find your clear intent for making your own sigils.

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**ANSWERS  
FROM SILENCE**  
*Using Your Inner  
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Purpose, Fulfillment,  
and Enlightenment*

Jeffrey Chappell

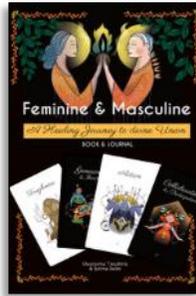
*Answers From Silence* contains brief, no-nonsense insights and how-to information for communicating with your Enlightened Self. Chappell delivers question-and-answer dialogues from a cosmic viewpoint on metaphysics and spirituality as well as down-to-earth topics such as career, relationships, and personal growth.

Jeffrey Chappell, a professional concert pianist and 30-year student of meditation, delivers fresh insights on problems of living in the 21st century and finding higher consciousness in everyday life.

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**MEDITATION / SELF-HELP**



**FEMININE &  
MASCULINE**  
*A Healing Journey  
to Divine Union  
(book and journal)*

Ouassima Touahria

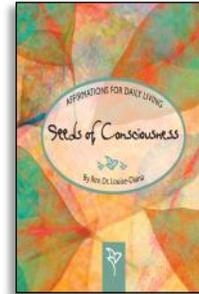
This book/journal is a ritual of liberation in itself! Reconnect with the archetypes of the Feminine and Masculine. You are invited into a healing journey that will help you harmonize and balance the Feminine and Masculine within you.

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**ARCHETYPES**



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Rev. Dr. Louise-Diana is a respected authority in the field of personal effectiveness, a yoga and clinical therapist, ordained minister, life coach and the CEO of Inner Fitness.

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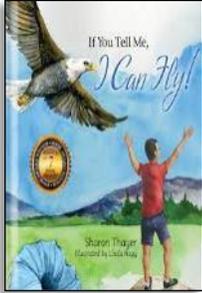
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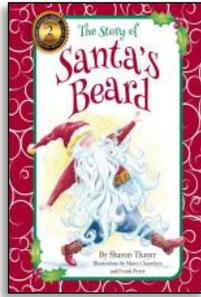
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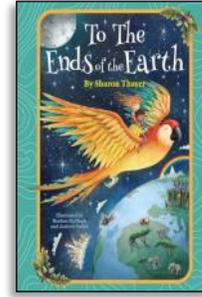
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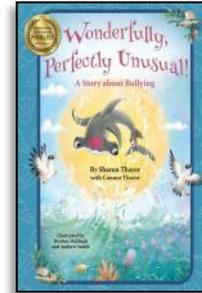
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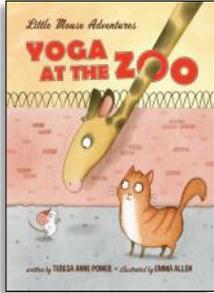
to deal with bullies, hearing his mom describe him as "wonderfully, perfectly unusual."

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**AGE RANGE - 5-8**

## TERESA ANNE POWER *LITTLE MOUSE ADVENTURES*

Teresa Anne Power is an internationally recognized educator, keynote speaker, yoga advocate and bestselling author of the award-winning series, *Little Mouse Adventures* and *The ABCs of Yoga for Kids*.



### YOGA AT THE ZOO

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AGE RANGE 5-6



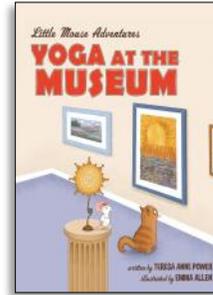
## MINDFULNESS AT THE PARK

Little Mouse and his family live in a cozy burrow nestled in Tammy McDoodle's backyard. Tammy and her mother love to practice yoga and mindfulness together, and Little Mouse loves to follow along! Blending humor and fun, *Mindfulness at the Park* gently imparts ways to navigate the excitement and uncertainty of new experiences.

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## YOGA AT THE MUSEUM

Curious Little Mouse is back to help children use yoga to solve problems and manage emotions in *Yoga at the Museum*. Little Mouse loves to doodle and day-dream, which often gets in the way of his schoolwork. When he and Mr. Opus get the opportunity to tag along on a trip to the museum, they leap at the chance! During their museum adventure, Little Mouse learns about famous artwork plus simple yoga poses related to the paintings.

**For more Yoga and Mindfulness Books for Kids visit:** [www.abcyogaforkids.com](http://www.abcyogaforkids.com)

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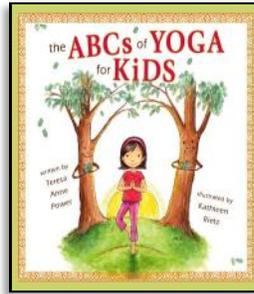
## TERESA ANNE POWER'S ABC's OF YOGA FOR KIDS SERIES

Teresa Anne Power is an internationally recognized educator, keynote speaker and bestselling author of the award-winning series, *Little Mouse Adventures* and *The ABCs of Yoga for Kids* which has been translated into five languages.

Teresa Anne Power is also the founder of **International Kids' Yoga Day** now in its 9th year with over 45 countries participating. Teresa's mission is to share strategies and tips to help children, parents and educators enrich their lives and manage stress. It's not too early to start planning for **Kids' Yoga Day April 4, 2025**.



[www.abcyogaforkids.com](http://www.abcyogaforkids.com)

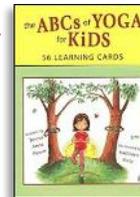


## THE ABCs OF YOGA FOR KIDS

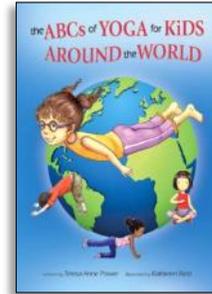
Children are faced with over-stimulation in today's fast-paced society. Practicing simple yoga postures is the ideal way for kids to both unwind naturally and do physical activity. Using the alphabet, rhyming vignettes and colorful illustrations, each page promotes poses for flexibility and coordination, while encouraging children to incorporate healthy activity into their daily lives.

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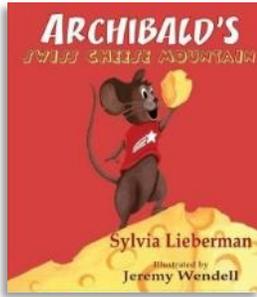


## THE ABCs OF YOGA FOR KIDS AROUND THE WORLD

*The ABCs of Yoga for Kids Around the World*, written by International Kids' Yoga Day founder and 30+ year practitioner Teresa Power, is a beautifully illustrated hardcover book that takes readers on a fun-filled tour of 32 countries, sharing kid-friendly facts about each, as well as teaching simple yoga poses suitable for children of all ages and athletic abilities. Additionally it introduces children to the alphabet and how to say 'hello' in the language of each country represented.

**\*MULTI-AWARD WINNER\*  
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## ARCHIBALD'S SWISS CHEESE MOUNTAIN

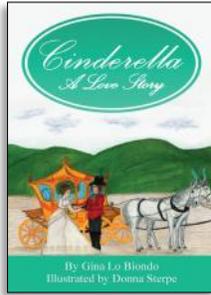
Sylvia  
Lieberman

This multi-award-winning classic not only entertains kids with its captivating story and illustrations but provides a moral: Never give up pursuing your dreams! Archibald is a little mouse with a big heart who helps kids reach their big dreams by showing them how it's done. Leaving his mouse hole for the first time, Archibald discovers a Swiss cheese mountain that he's determined to conquer and cleverly overcomes obstacles until he reaches his dream.

**\*MULTI-AWARD WINNER\***  
including London Book Festival

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*A Love Story*

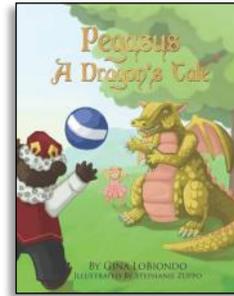
Gina LoBiondo

This is a fanciful and absorbing rewrite of the classic fairy tale, told here in a fascinating new version, set circa mid-16th century. Younger readers will love the borrowed magic that enables Ella to attend the ball, while older readers—including adults—will connect with the inseparable bond between mother and child, a bond that transcends time and space and even death itself.

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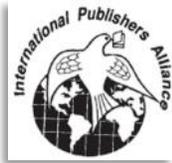
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